



CT University Celebrates
NSS Day with a Day of
Service and Unity
SEE AT PAGE 2

CT Group's 'Navya Kriti
Season 4': A Fashion
Spectacle of Creativity
SEE AT PAGE 3

CT Group's Inter College Fest
"Naivedyam 2.0" Showcases
Remarkable Talent
SEE AT PAGE 5



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CT Group Organizes
in Association with Team Parindey

Weekend of Wellness
WOW



CT Group in collaboration with Team Parindey, successfully hosted the WOW Weekend of Wellness event, a celebration of health and fitness. The event, fully powered by Team Parindey, garnered immense support from the Jalandhar Police Commissionerate, Municipal Corporation of Jalandhar, and 92.7 BIG FM, making it a grand success. Special guests for the event were ADCP-2 Jalandhar, Aditya, ACP Jalandhar, Harjinder Singh, SHO Division-6, Ajaib Singh, Councillor Aruna Arora, Dr Sushma Chawla and RJ Dheer. The WOW Weekend of Wellness featured a wide range of exciting activities that promoted physical fitness and well-being. Attendees had the opportunity to participate in the Parindey Kids Carnival, flying yoga sessions, invigorating Zumba classes, cycling, and various other fitness activities. Further, the event received support from various fitness clubs, adding a dynamic and diverse dimension, namely Sky Riders and Hawk Riders. Distinguished personalities graced the event with their presence, including Chairman of CT Group, Charanjit Singh Channi; Dr. Manbir Singh, Managing Director of CT Group; Harpreet Singh, Vice-Chancellor of CT Group; Co-Chairperson of CT Group, Parminder Kaur; Tanika Channi, Core Team Member of CT Group. In addition to faculty members, several enthusiastic students attended the event. According to Rajan Syal, founder of Team Parindey, "Team Parindey is delighted to be a part of this extraordinary wellness event." In his remarks, Dr. Manbir Singh, Managing Director of CT Group, stated, "The WOW Weekend of Wellness was a tremendous success, thanks to the collaborative efforts of CT Group and Team Parindey. We are dedicated to promoting community health and well-being, and events like this allow us to make a positive impact on people's lives."

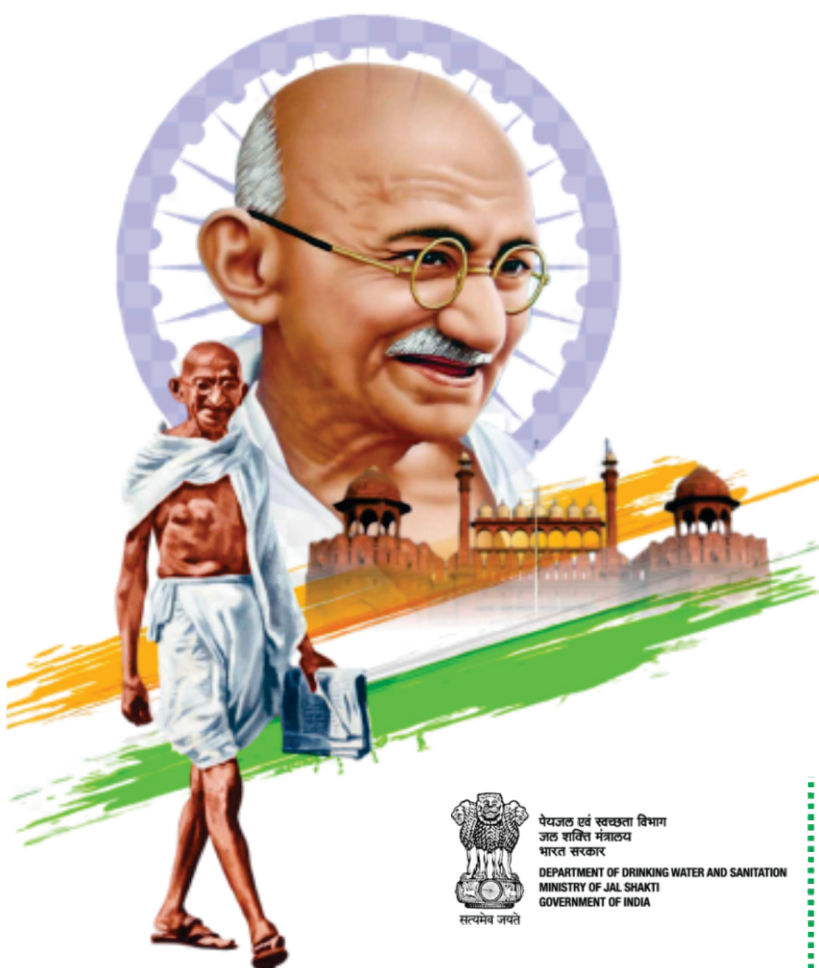


NEWS

CT University Celebrates NSS Day with a Day of Service and Unity

CT University celebrated NSS (National Service Scheme) Day with a day of impactful service, awareness campaigns, and a profound sense of unity that has left a lasting impression. The day commenced with a noble initiative at Manukhta Di Sewa Kendra, Ludhiana, where CT University students extended their helping hands to support the local community. Engaging in various activities aimed at providing assistance and bringing smiles to the faces of those in need. Continuing the spirit of service, another team from CT University took to the streets of Jagraon, spreading awareness of traffic awareness in Jagraon. A heartening cleanliness drive within the university campus was also a part of

the day's activities. Students actively participated in maintaining a clean and green environment, reflecting their commitment to environmental stewardship. The highlight of the day was the Cycle Rally For Anti-Drug Awareness that commenced at CT University and culminated in Swaddi Kalan. The rally not only promoted eco-friendly transportation but also showcased the unity and enthusiasm of the CT University. Harpreet Singh, Vice Chairman of CT University, said, "NSS Day holds significant importance for us, and the enthusiasm and commitment displayed by the students today reflect the values we hold dear at CT University – service, awareness, and unity."

CT Group of Institutions and EPFO Jalandhar Join Forces for '*Swachhta hi Sewa*' Cleanliness Drive on Mahatma Gandhi's 154th Birth Anniversary

On the occasion of Mahatma Gandhi Ji's 154th Birth Anniversary, CT Group of Institutions Shahpur, Jalandhar, in association with the Employees' Provident Fund Organization (EPFO) Jalandhar, came together to conduct a significant cleanliness drive under the 'Swachhta hi Sewa' movement. This event, which was held to pay tribute to the Father of the Nation, commenced at 10:00 AM and lasted for one hour. The event witnessed the active participation of esteemed dignitaries, including Suraj Sharma, Regional PF Commissioner, EPFO Jalandhar; Jashandeep Kaur, Assistant Commissioner, EPFO Jalandhar; and Harpreet Singh, Vice Chairman,

CT Group; Dr Arjan Singh, Dean of Student Welfare, CT Group and Davinder Singh, Deputy Director of Division of Student Welfare, CT University. The theme of the event, 'Kooda Mukat Bharat,' underscores the mission to make India free from the menace of litter and waste. Suraj Sharma, Regional PF Commissioner, EPFO Jalandhar, shared his thoughts on the importance of such initiatives. He said, "Mahatma Gandhi Ji's principles continue to inspire us, and 'Swachhta hi Sewa' is a fitting tribute to his vision for a clean and healthy India."



CT Group's 'Navya Kriti Season 4': A Fashion Spectacle of Creativity

Season 4



Navya Kriti Season 4, a spectacular Intra-College Fashion Show that captured the essence of creativity and style at its finest. Hosted by the Department of Fashion Design at CT Group, this event was a vibrant celebration of fashion and innovation. The runway came alive with a dazzling display of fashion collections, where students from various departments within the institution showcased their artistic talents and design prowess. The event provided a platform for budding fashion designers to express their unique visions and experiment with different styles. The judging panel, comprised of distinguished figures from the fashion industry, added an element of prestige to the competition. The elite panel of fashion

industry figures included Sidharth K Kakkar, Pankaj Thakur, and Ramanpreet Kaur, founder of the Green Sparrow Project. The CT Sustainable Initiative was a remarkable highlight, demonstrating the institution's commitment to eco-friendly practices. Here, students displayed ingenuity by crafting fashionable attire from recycled materials in collaboration with the Green Sparrow Project. The winners of the event comprised Jaskiran Pawar and Khaliq, who were recognized as the Best Models. The Best Collection award went to Rajwinder Kaur, Madhu, Gurleen, and Neha from the CTIHpm Fashion Design Department. Moreover, Team No. 7 from the same department secured the Overall Trophy.



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CT PUBLIC SCHOOL ENHANCES CLASSROOM MANAGEMENT SKILLS FOR EDUCATORS



CT Public School took a proactive step towards fostering effective teaching practices by organizing an interactive session dedicated to improving classroom management skills for its educators. The session featured Ms. Pallavi Singh, an educator with 12 years of rich experience in teaching, administration, and school activity management. The event aimed to equip the faculty with valuable insights into enhancing classroom dynamics and engaging learners through various interactive activities and games. Ms. Pallavi Singh, an expert in her field, adeptly guided the educators through the nuances of classroom management skills. During the session, Ms. Pallavi Singh emphasized the importance and practical application of effective classroom management. She reiterated that effective classroom management goes beyond maintaining order; it's about building strong teacher-student relationships, encouraging active student participation in their learning journey, and fostering a positive classroom culture.

VARIETY

CT University School of Law Students Gain Insight into the Heart of Indian Democracy at the Hon'ble Supreme Court



CT University's School of Law embarked on a transformative journey to the heart of Indian democracy, the Hon'ble Supreme Court of India. This prestigious visit was meticulously organized to provide students with an insight into the crux of democracy, the principles of justice, and the indispensable role of the judiciary in our nation. The Hon'ble Supreme Court of India, perched as the pinnacle of judicial authority in the country, symbolizes the beacon of justice and the guardian of our democratic principles. This excursion was designed to not only educate but also inspire our students about the paramount functions and significance of the judiciary within a democratic

society. During their visit, the students had the invaluable opportunity to witness court proceedings of the Supreme Court. These proceedings included non-sensitive cases, allowing our students to closely observe the brilliance of legal arguments presented, the dignified decorum upheld, and the meticulous administration of justice. Dr. Simran Gill, Principal, School of Law, CT University, expressed her profound enthusiasm about this remarkable learning experience. She emphasized that this visit was not just a mere field trip but a profound educational initiative aimed at nurturing well-rounded legal minds.

CT World School Shines in Rhyme Recitation Competition



CT World School recently hosted a Hindi Poem Recitation competition that showcased the poetic talents of its young students from kindergarten to Grade 2. The event was a celebration of the beauty of poetry and an opportunity for these budding poets to display their confidence and enthusiasm. This competition encouraged learners to step onto the stage and express

themselves through their chosen poems. Students explored various themes, delivering their verses with passion and zeal, effectively conveying emotions, rhythm, and language. Participants from KG to Grade 2 participated with fervor, competing for the top honors. Judges assessed them based on their confidence, voice modulation, memorization, and overall presentation. The

young poets captivated the audience with their exceptional articulation and memory skills. This experience not only allowed them to gain confidence through stage exposure but also left the judges delighted with their impressive performances.

CT Public School Applauds Exceptional Student Achievement in ATL Lab Project

CT Public School proudly celebrates the outstanding accomplishment of its distinguished students, Navjot and Vineet, both in grade X, for their remarkable creation of a 4x4 LED MATRIX CUBE as part of an ATL Lab Project. This achievement underscores the school's commitment to fostering innovation and embracing technology in education. In the words of Principal Ms.

Anuradha Chandel, "The main goal of education is to create men and women who are capable of doing new things, not simply repeating what other generations have done." She emphasizes the importance of interactive and engaging learning experiences, and this achievement by Navjot and Vineet exemplifies the school's dedication to nurturing the talent and creativity of its students.



GLIMPSE

CT Group's Inter College Fest "Naivedyam 2.0" Showcases Remarkable Talent



CT Group's annual inter-college fest, "Naivedyam 2.0," organized by the CT Institute of Hospitality Management, showcased remarkable talent, creativity, and competitive spirit. The event drew participants from colleges across the region, making it a highlight of the academic calendar. "Naivedyam 2.0" served as a platform for students to demonstrate their skills and innovative ideas across various domains, including Hunky Brains, Crisp the Crushed, Fashion & Sustainability, Steward Salver Race, and Treasure Hunt.

Winners: Treasure Hunt: Winners: GNA University - Urvarshi and Mansi, Runner-up: CT Group of Institutions, Maqsudan - Harsh Gupta and Mani Kumar. Steward Salver

Race: Winners: CGC Landran - Vishal Parkash and Rakesh Vishal Thakur, Runner-up: PCTE Ludhiana - Akash Dhanda, Mohammad Sarfraz, Ritish Sharma, and Amandeep Singh. Crisp the Crushed: Winner: AIHM Chandigarh - Priyal Singh and Shobit Ranjan, Runner-up: Shimt Goraya - Anu and Anmol Banger. Hunky Brains- Winners: PCTE Ludhiana - Raghav and Rohit, Runner-up: AIHM Chandigarh - Shubhangi Aggarwal and Raani Radhad. Fashion & Sustainability: Winner: HMV - Payal Rubey and Gurseerat Kaur, Runner-up: GNA - Priya Prianshu and Jaswal. Innovative Dessert: Winner: GNA University - Sonu Kumar and Suraj, Runner-up: AIHM Chandigarh. The event featured a distinguished panel of judges

who evaluated the participants' performances. Dr. Manbir Singh, Managing Director of CT Group, Dr. Jasdeep Dhama, Dean of Research and Innovation, and other esteemed guests graced the occasion. A distinguished panel of judges, including Ms. Kiran Badyal, Chef Jitesh, and Chef Nikita Joshi from Buland by Bash Cakes, evaluated the participants' performances. Dr. Manbir Singh, Managing Director of CT Group, praised the participants, saying, "Congratulations to all the talented participants and winners of Naivedyam 2.0."



CT College of Education Hosts 'AAGAAZ 2023' Orientation Program

An orientation program serves as the precursor to the academic year, offering a series of events to welcome and familiarize new students with their college environment. CT College of Education organized its annual Orientation Program, 'AAGAAZ 2023,' to warmly welcome the incoming batch of B.Ed. students for the academic session 2023-25. The primary objective of this program was to provide new students with essential insights into the academic aspects of their course, acquaint them with the institution's rules and regulations,

and foster parental involvement in monitoring student progress and performance. Dr. Anju Sharma, the Head of the B.Ed. department extended a warm welcome to the students on the occasion. Dr. Namesh Kumar, the Principal of the college, introduced the faculty members and delivered an inspiring message to the incoming students. He emphasized the importance of unwavering commitment to one's goals, hard work, dedication, and determination to achieve great heights, even in challenging circumstances.



OPINION

Career Prospects in the Hospitality Industry



Article By:
Ms. Mithlesh
Assistant Professor
CTIHM

The hospitality industry ranks among the world's fastest-growing sectors, and its upward trajectory is projected to continue in the coming years. This broad industry

encompasses all activities directly or indirectly related to travel and tourism, including hotels, resorts, restaurants, catering, nightclubs, bars, theme parks, and more. With a degree in hospitality management, your career options are boundless, as this global industry continually evolves and diversifies.

Hospitality careers offer a unique blend of opportunities, particularly for those who thrive on providing exceptional service and are open to embracing new challenges. It's worth noting that this industry can be competitive, especially when aiming for managerial roles.

Typical career paths often begin in hotels and resorts, with the accommodation sector expanding to include new properties and concepts. Hospitality degrees also prepare graduates for roles in travel and tourism-related businesses, such as airlines, cruise ships, private jets, charters, and more. These careers span from guest-facing positions to behind-the-scenes roles in marketing, sales, and finance, all of which require effective management and planning to ensure smooth operations and top-notch hospitality.

Opportunities in the tourism sector are on the rise, fueled by a growing number of tourists with varying expectations across generations.

When it comes to hotel careers, the industry can be broken down into four core areas: front office, accommodation operations, food and beverage service, and food production. Graduates can choose their preferred area based on their interests, whether it's reception, guest relations, rooms division, or various management roles. Alternatively, they can pursue careers in sales, marketing, human resources, finance, or explore opportunities across different hospitality companies.

The food and beverage sector within hospitality encompasses a wide array of roles, from restaurant management to catering companies. This career path is ideal for those passionate about food who wish to combine culinary expertise with management and hospitality skills. The food and beverage industry is dynamic, encompassing restaurants, nightclubs, catering, food trucks, fine wines, spirits, bakeries, recipe design, and more. Hospitality students are well-trained in this area, and the demand for supervisory or management roles remains high.

A hospitality degree also opens doors to various other career options. The soft skills acquired in hospitality programs, along with international exposure and cultural awareness, are highly valued in today's job market.

In terms of salaries and benefits, hospitality management and leadership positions offer significant advantages compared to entry-level service roles. Graduates can skip entry-level positions and secure supervisory or management roles directly after graduation. Many hotels and hospitality chains offer Management Training (MT) programs, such as those at Oberoi, Taj, and Hyatt, providing graduates with opportunities to launch their careers at managerial levels.



HONOUR

Success Spotlights

CIT GROUP OF INSTITUTIONS Since 1997 Punjab (India) **25th** INSTITUTION'S INNOVATION COUNCIL

CONGRATULATIONS
Announcing a Star in the Making:
Aarzo Kumar
Our Student, Now Part of
HERO
as a
Graduate Engineer Trainee



Congratulations

Prabhjot kaur **Komal** **Abhay**

Sunil **Ashish**

Our Proud Students
got selected in

AXIS BANK

CIT GROUP OF INSTITUTIONS Since 1997 Punjab (India) **25th** INSTITUTION'S INNOVATION COUNCIL

CONGRATULATIONS
Announcing a Star in the Making:
Amarjit Kumar Yadav
Our Student, Now Part of
HERO
as a
Graduate Engineer Trainee



CIT GROUP OF INSTITUTIONS Since 1997 Punjab (India) **25th** INSTITUTION'S INNOVATION COUNCIL

CONGRATULATIONS
Announcing a Star in the Making:
Tajamul Mubarak
Our Student, Now Part of
ck & **TOMMY HILFINGER**



CIT GROUP OF INSTITUTIONS Since 1997 Punjab (India) **25th** INSTITUTION'S INNOVATION COUNCIL

CONGRATULATIONS
Announcing a Star in the Making:
Rajwinder Kaur
Our Student, Now Part of
ck & **TOMMY HILFINGER**



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CONGRATULATIONS
Announcing a Star in the Making:
Renu Bala
Our Student, Now Part of
ck & **TOMMY HILFINGER**



CIT GROUP OF INSTITUTIONS Since 1997 Punjab (India) **25th** INSTITUTION'S INNOVATION COUNCIL

CONGRATULATIONS
Announcing a Star in the Making:
Ishani Duggal
Our Student, Now Part of
ck & **TOMMY HILFINGER**



CIT GROUP OF INSTITUTIONS Since 1997 Punjab (India) **25th** INSTITUTION'S INNOVATION COUNCIL

CONGRATULATIONS
Announcing a Star in the Making:
Prerna Babbar
Our Student, Now Part of
ck & **TOMMY HILFINGER**



The Dean's Research office is delighted to extend heartfelt congratulations to PhD scholar Mr Ravinder Singh (Civil Engineering) and Dr Sukhdeep Singh (Supervisor) on successfully conducting the Final Defense presentation of the PhD. Thesis. Their remarkable achievement is a testament to their unwavering dedication and hard work in the field of research.



Congratulations once again!

BACK PAGE

TEN TIMELESS LIFE RULES FOR SUCCESS AND FULFILMENT

1. Never shake hands at anyone without standing up.
2. In a negotiation, never make the first offer.
3. If they trust you a secret, keep it.
4. Do things with passion or don't do it at all.
5. When you shake your hand, make it firm and look that person in the eye.
6. Live the experience of traveling alone.
7. Write your goals and work on them.
8. Defend your point of view but be tolerant and respectful to others.
9. Call and visit your relatives.
10. Never regret anything, learn from everything.



- India ranks fourth globally in producing over 24,000 doctoral graduates annually.
- Concerns exist regarding the quality of research output.
- While the USA leads with 68,000 doctoral graduates, India stands at 24,000.
- A 60% increase in awarded PhD degrees in India over the past five years.
- Only 2.7% of educational institutions in India offer PhD programs.
- People pursue PhDs for various reasons, including career advancement and research roles.
- Quality of research remains a concern, emphasizing the need for impactful and innovative research.