

CEE TEE WORLD

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A NEWSPAPER FROM : **CT GROUP**



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Japsimran Kaur (KBC-
Junior)**
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CT GROUP SPREAD SMILES WITH CHRISTMAS CELEBRATIONS



Christmas is festivity of hope love, joy, giving, sharing, laughter, coming together with family and friends. It was surely a Christmas to remember at CT World School, CT Kindergarten, CT University & CT Group of Institutions, North Campus, Maqsudan & South Campus, Shahpur. All Campuses of CT Group wore a festive look with bells, buntings, ribbons streamers, and a magnificently decked Christmas tree. Plethora of activities such as decorating Christmas Trees, Stockings, Christmas card making, carol singing and Hand-crafted bells etc. were organized for the students. A special assembly was conducted in which poem recitation, dance, quiz contest was held. Beaming with joy and brimming with knowledge the school students talked about relevance of Christmas celebrations, and the legend of Santa Claus. The spirit of giving and sharing was inculcated among the tiny tots. The essence of Christmas came alive with the arrival of Santa Clause at the venue which left each present with a joy and delight. The festivity was marked by the delightful children appareled in finest red and white party costumes, bringing their favorite food for lunch, dancing, and sharing the merriment together. CT Group Co- Chairperson Mrs. Parminder Kaur Channi, Managing Director Dr. Manbir Singh, Co-Managing Director Ms. Tanika Singh along with Aryana graced the occasion with a cake cutting ceremony and distributed gifts to the exuberant ecoliers .



NEWS

CT GROUP ORGANISES FREE HEALTH CHECK-UP CAMP



CT Institute of Pharmaceutical Sciences and CT Clinical Complex organized a free health check-up camp in collaboration with NHS Hospital, Jalandhar. The expert team consisted of a eminent doctors from Medicine and Orthopedics Surgery dept. flanked by a diverse team of healthcare professionals. The camp was also graced by the presence of

Hon'ble Vice Chairman of CT Group Mr. Harpreet Singh and Campus Director, Dr. Gurpreet Singh. The said camp catered to the basic healthcare needs of over 100 persons. Several tests including Bone Mineral Density (BMD), E.C.G., Neuropathy test and blood glucose monitoring test were conducted exclusively free. Medicines were also provided free of cost. Vice Chairman of CT Group Mr.

Harpreet Singh lauded the efforts of the students and asked them to learn as much as they can as the knowledge earned yields blessings for the society. The faculty of CT Institute of Pharmaceutical Sciences found the special mention in the address.

CT Group & Jalandhar Traffic Police Rural Area Organises Seminar on Traffic Rules



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Presentation Day Organized by Media Department CT Group of Institutions, North Campus

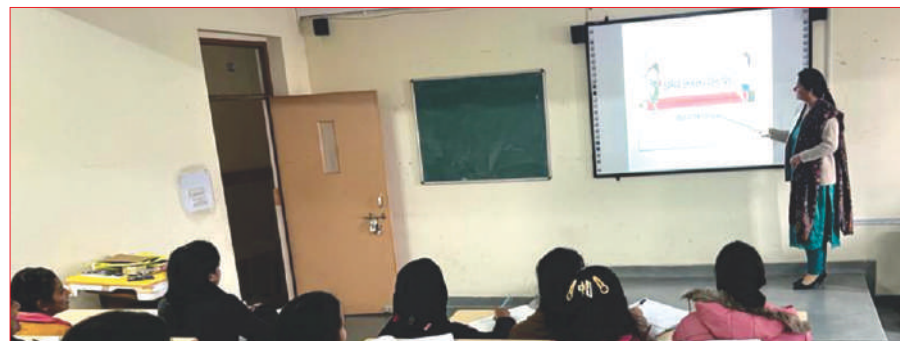


Media department CT group of Institution, North campus Organized a presentation day for all the students, where the students made their presentations on given topics. This activity aimed to help students develop their communication skills as good oratory skills are an indispensable requirement for a good career. The presentation skills are

important to nurture future thinkers. Students' overwhelming response to the event under an eye of HOD Ms. Anisha Kundra and the faculty was worth noting. At the end of the event, HOD Ms. Anisha Kundra encouraged the students with her kind words and bestowed a token of appreciation on the participants.



INTERACTIVE SESSION ON SAMAGRA SHIKSHA ABHIYAN



Samagra Shiksha Abhiyan is an overarching program for the education sector with its range from pre-school to class 12 and aim to enhance equal opportunities for schooling and equitable learning outcomes. It circumscribes the three schemes of Sarva Shiksha Abhiyan (SSA), Rashtriya Madhyamik Shiksha Abhiyan (RMSA) and Teacher Education (TE). To accustom the students about Samagra Shiksha Abhiyan, M.K. College of Education (B.Ed. & M.Ed.), Maqsudan, Jalandhar organized an interactive session on topic 'Samagra Shiksha Abhiyan' on December 16, 2022 at college premises. The Resource Person for the same was Dr. Anju Sharma, Assistant Professor, CTCE. Dr. Anju Sharma explained that

Samagra Shiksha Abhiyan is an integrated scheme for school education extending support to States from pre-school to senior secondary level. She illumined that the scheme was launched with a view to boost the quality and attributes of school education and represents a paradigm shift in the conceptual design of school education, by treating 'school' holistically as a continuum from pre-school, primary, upper primary, and secondary to the senior secondary levels. The meaty session was followed by an interactive hour where the students quizzed regarding Samagra Shiksha Abhiyan. The inquisitiveness was well addressed by the speaker. Overall session was knowledgeable and fruitful for students.

INTERACTIVE LECTURE ON PSYCHOMETRIC ASSESSMENT OF CHILDREN



Psychemetric Assessment tool is an objective way to measure an individual's abilities, behavioral style. It is an excellent predictor of performance. To acquaint the students about the use of psychometric assessment tools, CT College of Education (B.Ed. & M.Ed.), Maqsudan campus organized an interactive lecture on topic "Psychometric Assessment of Children". The Resource Person for the same was Dr. Rajnish Sharma, Principal, MK College of Education, Jalandhar. During the session, the resource person explained that

automated, structured frameworks to ensure an unbiased evaluation of psychological characteristics, such as personality, creativity, intelligence, motivation, values and various psychometric tools for evaluating skills, abilities and personality of students. Students trained on administration, scoring, and interpretation of the tests. Hand on experiences has been gained during this interactive lecture. She also promoted queries between the sessions to ensure complete understanding on the topics discussed.

VARIETY

CT World Student Clinches First Position in the Mirchi Painting Competition



CT World School emphasizes on the overall development of the students. The school believes in mass participation, exposing the students to a wide range of competitions to be held at Inter-school, Zonal and International levels. Keeping this spirit alive, a student of CT World School, Heramb Aggarwal of grade VIII brought laurels to the school by bagging the first position in a Painting competition organized by Radio Mirchi at Eco homes, Jalandhar. Out of around 60 participants, Heramb proved his mettle after brushing his

creativity on the canvas in the most profound way. Heramb Aggarwal showcased artwork by portraying Lord Ganesha on canvas. The panel of judges highly appreciated the work and was distinctively mentioned due to his presentation. He is an enthusiastic learner and earlier also has bagged a couple of prizes and appreciation awards in a number of competitions. On this proud moment, Ms. Madhu Sharma, Principal of CT World School remarked that such events play an important role in motivating students to perform, and excel and offer a lot more

rewards than just winning a prize. Such competitions also encourage students to adopt innovative techniques and develop their ideas and skills, she added. Charanjit Singh Channi, Chairman of CT Group congratulated the winners and remarked that such competitions offer a chance for participants to gain substantial experience. He also appreciated his efforts and encouraged him to perform best in the upcoming competitions.

CT UNIVERSITY ORGANISES CANCER AWARENESS PROGRAM IN ASSOCIATION WITH INTERNATIONAL HUMAN RIGHTS ORGANIZATION



CT University organized Cancer Awareness Program in Association with International Human Rights Organization. Guest speaker Ms. Sonia Mann (Indian Actress and social Activist) highlighted that in India, the incidence of cancer is increasing rapidly; therefore it is important to step up cancer literacy and knowledge amongst the population. Ms. Sonia Mann (Indian Actress and social Activist) said "Awareness will lead to early

detection which is important in the management and treatment of cancer and also prevention by making necessary changes in lifestyle. She underlined that the Usage of Fertilizers is leading to Cancer. Charanjit Singh Channi, Chancellor, CT University said 'It's an effort to raise awareness and reduce the stigma of cancer through education.' Dr. Satish Kumar, Vice Chancellor (OFF.), CTU Thanked the guests.



GLIMPSE

CT NORTH CAMPUS HONOUR JAPSIMRAN KAUR (KBC-JUNIOR)



Japsimran Kaur a Class VIII student has made the city proud by making it to the 'hot seat' of television quiz show 'Kaun Banega Crorepati-Junior'. She won 50 lakh points, which will be converted into money and given to her when she turns 18. CT Group of Institution, Maqsudan campus, honoured her for her excellence achievement. She shared her journey of winning and shared that it was her father and teachers who helped and

guided her. She said her father Baljit Singh, an engineer by profession, also qualified for the KBC this year, but couldn't reach the hot seat, that's why she wanted to make it to the hot seat for her father. He was so much into KBC that when this play along option was not available, he used to send answers by SMS", she added. Japsimran also gave the credit for her success to her mother Ms. Gurvinder Kaur, a government school teacher and grandfather

Tara Singh. She expressed her gratitude to her school principal and teachers for encouragement and making a flexible school schedule after knowing she was preparing for KBC. Dr. Manbir Singh, Managing Director CT Group along with Campus Director Dr. Yogesh Chhabra and Assistant Director Dr. Ramandeep Gautam congratulated and honoured Japsimran for her achievement and wished her a bright future ahead.

CT GROUP PAYS TRIBUTE TO CHAAR SAHIBZAADE

Paying rich tribute to the martyrdom of four Sahibzaade: Baba Ajit Singh, Baba Jujhar Singh, Baba Zorawar Singh and Baba Fateh Singh, Langar Sewa was organised. On this occasion, the staff members and students offered prayers and remembered the sacrifices made by the Gurus. To commemorate and mark the occasion of the supreme sacrifice, the Department of Student Welfare organised the special screening of Movie 'CHAAR SAHIBZAADE' a story of bravery and sacrifice followed by Kavishri and



Vaar Singing. On this Occasion, Pro Chancellor Dr. Manbir Singh, Dr Satish Vice Chancellor (Off.), CT University, Mr Sahil Kapoor (Director Brand Development and Marketing), Mr Davinder Singh (Dy. Director Department of Student Welfare) were present. Dr. Manbir , Pro Chancellor, CTU said that youth should remember Mata Gujri and Char Sahibzaade in our hearts and follow the path shown by them, rising above caste and all religions.



CT GROUP OF INSTITUTIONS, SOUTH CAMPUS, SHAHPUR ORGANISE LANGAR SEWA IN PAYING TRIBUTE TO THE MARTYRDOM OF FOUR SAHIBZAADE

OPINION

Horseradish as Good Food Choice



Dr. Anshul Chawla
Principal, CTCP

Armoracia rusticana (Brassicaceae) commonly known as horseradish has been known since ancient times as a folk medicinal herb and as a

plant of culinary and nutritional value. It is a perennial herb that grows up to a height of 120 cm and is cultivated in different parts of the world for its thick, fleshy and

white roots which have a delicious intense pungency and used as food and condiment and for its tender leaves which are used for salad.



Roots



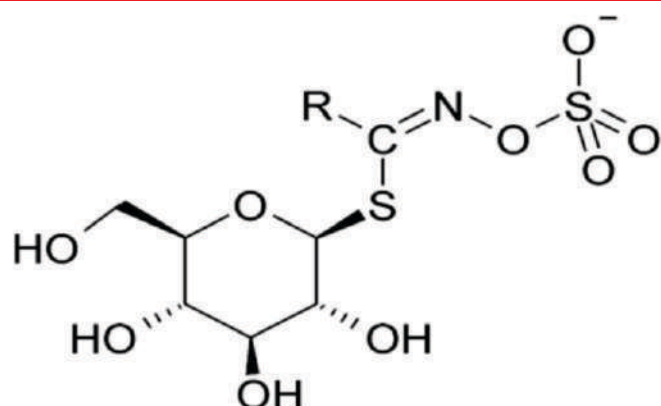
Leaves



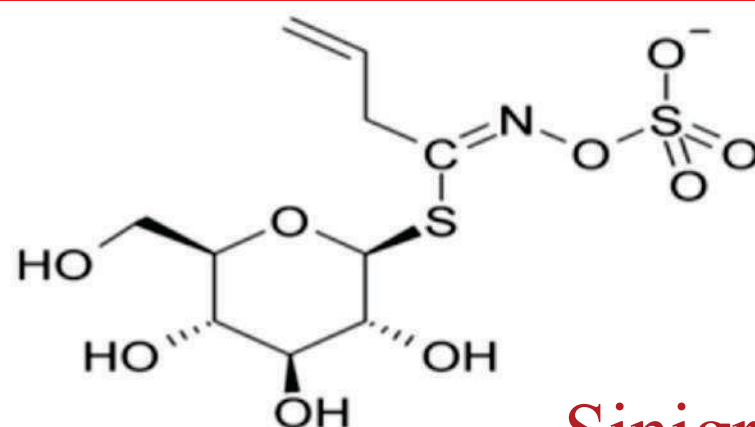
Flowers



Fruits



Glucosinolate



Sinigrin

In India, it is grown in gardens in northern India and in hill stations of southern India. Traditionally, the plant has been used for the treatment of cough, asthma, bronchitis, fever, to relieve pain from rheumatism, as remedy for scurvy, gout, disorders of liver, pancreas and spleen and as an antiseptic, vermifuge, diaphoretic, rubefacient and diuretic. Phytochemical studies of different

parts of the plant revealed the presence of various bioactive phytoconstituents such as glucosinolates of which sinigrin is dominant. Other chemical constituents are sinigrin-derived allyl isothiocyanate and diallylsulphide, vitamin C, volatile oils, polyphenols, terpenoids and polysaccharides. The pungent aroma of horseradish is attributed to allyl isothiocyanate. The plant as a

whole has wide therapeutic applications including antibacterial, antiinflammatory, and antioxidant action. Therefore, horseradish plant should be exploited further for its medicinally active constituents and therapeutic utility. This review clearly demonstrates the importance of this plant in ethnomedicine and its immense potential in modern medicine.

HONOUR

IBM Caps distributed to the IBM Certification Students by Honble Dr. Manbir Singh, Managing Director CT Group and Dr. Gurpreet Singh, Campus Director, Shahpur.



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PROUD MOMENT



It's an immense pleasure to share that our Ph.D. scholar Ms. Manju Saroha, Department of Hospitality Management, CT University has been awarded a Ph.D. degree today under the guidance of Dr. Baljit Kaur (Supervisor) & Dr. Varinder Singh Rana (Co-Supervisor). Dean's Research office congratulates Ms. Manju Saroha and Dr. Baljit Kaur for this achievement. This is the result of their tireless efforts and commitment to research.

CEE TEE WORLD AT A GLANCE

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BACK PAGE

CT NORTH CAMPUS ORGANISES TALENT FIESTA

Talent Fiesta is an event, which gives a platform to students to showcase their talents in any field. It not only helps the participating students to show their abilities but also motivates other students, to come up front and show their hidden

potential. CT College of Education (B.Ed. & M.Ed.), Maqsudan, Jalandhar organized Talent Fiesta on December 8 - 9, 2022. Fine art events held on December 8, 2022 and cultural events were on December 9, 2022. Students participated enthusiastically in this

event and displayed their abilities magnificently. Dr. Namesh Kumar, Principal, CTCE heartily congratulated them for showcasing their talents. At the end of the event, winners were announced and certificates were awarded.



CT UNIVERSITY CELEBRATES NEW YEAR

To bid adieu to 2022 and welcome 2023, Department of Student Welfare, CT University organized a fun Filled event for the faculty of CT University. Games, Dance, Singing, Poetry and Bhangra performances mesmerized the audience. Faculty had a gala time at the event. Faculty of International Department and Information cell mesmerized the Audience with their power packed bhangra performance. A breathtaking musical performance by Ms Kalpana from Healthcare Department and Ms. Arshdeep awestruck the audience. On this Occasion, CT University's Vice Chancellor (off.) Dr. Satish Kumar, Sahil Kapoor, Director, Business Development and Marketing; Davinder Singh, Deputy Director, Department of Student Welfare, all the

Deans, Heads of the Schools and Faculty were Present. CT University's Vice Chancellor (off.) Dr. Satish Kumar wished the faculty a happy new year. Davinder Singh, Deputy Director, Department of Student Welfare said "Events like these are the great way to celebrate together and have some memorable time together." He appreciated the efforts of faculty to make the celebration a remarkable one. Dr. Manbir Singh, Pro Chancellor, CT University said 'the year 2022 has been the best in terms of rankings, awards and achievements. Now we are now starting 2023 with great enthusiasm and Joy. We pray to God that the coming New Year 2023 brings lots of happiness, glory and prosperity in everyone's life.'



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